



## Newsletter Winter 2011

### PATIENT PARTICIPATION GROUP

**THE PRACTICE WISHES TO ESTABLISH A GROUP OF PATIENTS WHO ARE WILLING TO CONTRIBUTE SOME OF THEIR TIME TO THE DEVELOPMENT OF THE PRACTICE AND ITS HEALTH SERVICES.**

We are especially keen to make sure that the group is fully representative of our patients and therefore invite anyone with an interest to enquire about joining.

Application forms are available from the surgery if you would like to be considered.

We anticipate that the group will meet about 6 times a year, but arrangements will also be made for members of the group who are not able to attend in person, but feel that they would like to contribute.

We hope that the group will be established by the end of December but we are happy for new members to come forward at any time.

For more information please contact Nikki Deakin Practice Manager.

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### Flu Vaccinations

We are currently giving flu vaccinations, patients over 65 years of age, and those aged under 65 in a clinical risk group are strongly advised to have the vaccination. Please ring reception to make an appointment.



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### Charges for non-NHS work

Sometimes people will be advised that there is a fee for something they ask us to do. This often relates to filling in or signing a form for example a passport form, completing medical examinations for work or for insurance purposes, or maybe for something like a holiday vaccination. Because these services are not part of NHS care for someone's health, they are not included in free NHS care. We will usually advise you that there is a fee for this when you request the service.

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### Surgery Opening Times over Christmas & New Year

Friday 23 <sup>rd</sup> December	Open as usual
Mon 26 <sup>th</sup> & Tues 27 <sup>th</sup> December	Surgery Closed
Weds 28 <sup>th</sup> to Fri 30 <sup>th</sup> December	Open as usual
Monday 2 <sup>nd</sup> January	Surgery Closed
Tuesday 3 <sup>rd</sup> January	Open as usual

There will of course still be Out of Hours cover should you have an emergency when we are closed. Please ring the surgery and your call will be transferred to SERCO.

If the problem you have is not an emergency, please consider telephoning NHS Direct on 0845 4647, or looking online at [www.nhsdirect.nhs.uk](http://www.nhsdirect.nhs.uk).

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## Baby news

Dr Donaghy had a baby girl Willow in August, a gorgeous sister for Charlie and Aoife.

Dr Tiley and his wife Cerian had beautiful twin girls, Isobel and Georgina in September.



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## Are you thinking of Quitting Smoking in the New Year?

**A fresh start starts here at the Surgery! Make a smoking cessation appointment with one of our Practice Nurses.**

- A Stop Smoking programme lasts 12 weeks depending on which product you use and consists of fortnightly appointments.
- The initial appointment is for 20 minutes, where we talk about what help is available, and the benefits of giving up cigarettes. We usually try and set a quit date at this time. Subsequent appointments are then 10 minutes long.
- Nicotine replacement products available include patches, inhalator, gum, nasal spray etc, or Champix tablets that you take daily to reduce the cravings.
- A fortnight supply of the chosen medication is just the cost of a prescription charge or free if you are in receipt of benefits.

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### **SURGERY HOURS:**

#### **Reception hours:**

Monday 8.30am – 6.30pm  
Tuesday – Friday 8.00am – 6.30pm (phone lines open at 8.30)

Extended hours, by appointment only:  
One evening per week 6.30pm – 8.00pm

#### **Dispensary hours:**

Mon-Fri  
8.30am to 1.00pm  
3.00pm to 6.00pm

**Repeat prescriptions and most medication can be collected from reception during reception opening hours.**

## Our Team

### **Doctors**

Dr Tom Hotton, Senior Partner  
Dr Chris Tiley, Partner  
Dr Sarah Keast, Partner  
Dr Kathy James, Partner  
Dr Emma Donaghy, Salaried GP (currently on maternity leave)  
Dr McClure, GP Registrar

### **Practice Manager**

Nikki Deakin

### **Practice Nurses**

Linda Ford  
Sue Wilson  
Pat James

### **Community Matron**

Jackie Chamberlain

### **Health Care Assistants**

Maria Trevarton  
Gillian Tull

### **Dispensary Team**

Lizzie Furse, Dispensary Manager  
Deirdre Allen, Senior Dispenser  
Maureen Marchington, Dispenser  
Ruth Lane, Dispenser

### **Reception & Admin Team**

Karen Rowe, IT Co-ordinator  
Kim Barham, Reception Manager  
Karen Jackman  
Chris Rees  
Maureen Marchington  
Hannah Marshall  
Imogen Luke  
Lynn Dunn

### **Cleaning Team**

Marilyn Gunn  
Deanna Bonney

### **If you have any questions, comments or ideas relating to the Practice please contact:**

Nikki Deakin, Practice Manager on 01726 843701  
or by email  
nicola.deakin@mevagissey.cornwall.nhs.uk  
www.mevagisseysurgery.co.uk



May we take this opportunity to wish all of our patients a Merry Christmas and a Happy and Healthy New Year!

